

Leiston

Leiston-cum-Sizewell Urban District Council

ANNUAL REPORT

of the

MEDICAL OFFICER OF HEALTH

FOR THE YEAR ENDING

1961



LEISTON-cum-SIZEWELL URBAN DISTRICT COUNCIL

ANNUAL REPORT

of the

MEDICAL OFFICER OF HEALTH

FOR THE YEAR ENDING

31st December, 1964

Medical Officer of Health : H.E. Nutten, M.B., Ch.B., D.P.H.

Public Health Inspector : R. Fairclough M.R.S.H.

the first time in the history of the world, the people of the United States have been called upon to decide whether they will submit to the law of force, and let a single man, or a small party, rule over them.

THE SOUTHERN STATES

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Leiston-cum-Sizewell Urban District Council

To: the Chairman and Members of the Leiston-cum-Sizewell
Urban District Council

Mr. Chairman, Mrs. Reade, Gentlemen,

I have the honour to present the Annual Report for 1961.

According to the Registrar General's estimate of the mid 1961 population, which is based on the recent census figures, there is an increase in the population of the Urban District of twenty compared to the corresponding period a year previously. This is an increase of 71 from the 1951 census figure.

The number of live births has increased by twenty and the total of 70 is the largest number recorded for many years, giving an adjusted birth rate slightly higher than the average for England and Wales.

Maternal mortality was again Nil and has been for at least twelve years.

The number of cases of tuberculosis at the end of the year was 26, three more than at the 31st December, 1960.

The information in this report on food premises, shops, factories, housing etc., is compiled by your Public Health Inspector to whom I am indebted.

I have the honour to be
Your Obedient Servant,

A. H. Reade.

Medical Officer of Health.

Council Offices,
LEISTON,
Suffolk.

June, 1962.

Tel:- Leiston 13.

and the first time I have seen it. It is a very large tree, and
the trunk is about 10 feet in diameter. The bark is smooth and
light brown, with some darker streaks. The leaves are large and
oval-shaped, with serrated edges. The flowers are small and
yellow, with five petals. The fruit is a small, round, yellowish-orange
berry. The tree is found in the Amazon rainforest, and is
believed to be a sacred tree for the indigenous tribes. It is
used in traditional medicine and as a source of food. The wood
is very hard and durable, and is used for making canoes and
other wooden objects. The tree is also known for its medicinal
properties, particularly for treating skin conditions. It is
a very important tree for the Amazon ecosystem.

GENERAL STATISTICS.

Area (in acres)	4,466
Registrar General's estimate of population (mid 1961)	4,150
Number of inhabited houses (Estimated)	1,548
Rateable value (Estimated)	£45,202
Product of penny rate.	£175

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VITAL STATISTICS

LIVE BIRTHS										Male	Female	TOTAL
TOTAL	36	34	70									
Legitimate..	32	31	63									
Illegitimate	4	3	7									

STILL BIRTHS										Male	Female	TOTAL
TOTAL..	-	-	1									
Legitimate..	-	1	1									
Illegitimate	-	-	-									

DEATHS OF INFANTS UNDER 1 YEAR OF AGE										Male	Female	TOTAL
TOTAL	-	-	-									
Legitimate..	-	-	-									
Illegitimate	-	-	-									

DEATHS OF INFANTS UNDER 4 WEEKS OF AGE										Male	Female	TOTAL
TOTAL	-	-	-									
Legitimate..	-	-	-									
Illegitimate	-	-	-									

DEATHS OF INFANTS UNDER 1 WEEK OF AGE										Male	Female	TOTAL
TOTAL	-	-	-									
Legitimate..	-	-	-									
Illegitimate	-	-	-									

DEATHS (all ages)										Male	Female	TOTAL
All ages	25	29	54									

	Leiston cum Sizewell U.D.	England & Wales
<u>LIVE BIRTHS</u>		
Number	70	-
Rate per 1,000 population	16.8	17.4
<u>ILLEGITIMATE LIVE BIRTHS</u> per cent of total live births	10	-
<u>STILL BIRTHS</u>		
Number	1	-
Rate per 1,000 total live and still births	14.0	18.7
<u>TOTAL LIVE AND STILL BIRTHS</u>	71	-
<u>INFANT DEATHS</u> (deaths under 1 year)	nil	-
<u>INFANT MORTALITY RATES</u>		
Total infant deaths per 1,000 total live births	nil	21.4
Legitimate infant deaths per 1,000 legitimate live births	nil	+
Illegitimate infant deaths per 1,000 illegitimate live births	nil	+
<u>NEO-NATAL MORTALITY RATE</u> (deaths under 4 weeks per 1,000 total live births)	nil	+
<u>EARLY NEO-NATAL MORTALITY RATE</u> (deaths under 1 week per 1,000 total live births)	nil	+
<u>PERINATAL MORTALITY RATE</u> (stillbirths and deaths under 1 week combined per 1,000 total live and still births)	nil	+
<u>MATERNAL MORTALITY</u> (including abortion)		
Number of deaths	nil	+
Rate per 1,000 total live and still births	nil	+

+ Figures not yet available.

RATES

	Leiston	England and Wales
Illegitimacy rate (per 1,000 live births)	100	+
Adjusted birth rate	18.9	-
Death rate per 1,000 estimated population	13.0	12.0
Adjusted Death Rate	10.2	-

Comparability Factor {Births} 1.13 " {Deaths} 0.79

+ Figures not yet available.

CAUSES OF DEATH	MALE	FEMALE	TOTAL
1. Tuberculosis, respiratory.....	-	-	-
2. Tuberculosis, other.....	-	-	-
3. Syphilitic disease.....	-	-	-
4. Diphtheria.....	-	-	-
5. Whooping Cough.....	-	-	-
6. Meningococcal infections.....	-	-	-
7. Acute poliomyelitis.....	-	-	-
8. Measles.....	-	-	-
9. Other infective and parasitic diseases...	-	2	2
10. Malignant neoplasm, stomach.....	1	1	2
11. Malignant neoplasm, lung, bronchus.....	3	1	4
12. Malignant neoplasm, breast.....	-	-	-
13. Malignant neoplasm, uterus.....	-	-	-
14. Other malignant and lymphatic neoplasm...	1	3	4
15. Leukaemia, aleukaemia.....	-	1	1
16. Diabetes.....	-	-	-
17. Vascular lesions of nervous system.....	5	2	7
18. Coronary disease, angina.....	3	7	10
19. Hypertension with heart disease.....	-	-	-
20. Other heart disease.....	3	2	5
21. Other circulatory diseases.....	1	3	4
22. Influenza.....	-	-	-
23. Pneumonia.....	1	-	1
24. Bronchitis.....	2	-	2
25. Other diseases of respiratory system...	-	-	-
26. Ulcer of stomach or duodenum.....	-	-	-
27. Gastritis, enteritis and diarrhea.....	-	-	-
28. Nephritis and nephrosis.....	-	-	-
29. Hyperplasia of prostate.....	1	-	1
30. Pregnancy, childbirth, abortion.....	-	-	-
31. Congenital malformations.....	-	-	-
32. Other defined and ill-defined diseases...	1	4	5
33. Motor vehicle accidents.....	-	-	-
34. All other accidents.....	1	2	3
35. Suicide.....	2	1	3
36. Homicide and operations of war.....	-	-	-
	25	29	54

DEATHS FROM CANCER OF THE LUNG AND BRONCHUS DURING THE
YEARS 1952 - 1961

YEAR	MALE	FEMALE	TOTAL	DEATH RATE PER 1,000 POPULATION
1952	2	-	2	0.49
1953	-	-	-	-
1954	-	1	1	0.24
1955	1	1	2	0.48
1956	2	-	2	0.48
1957	4	-	4	0.96
1958	2	1	3	0.72
1959	3	-	3	0.72
1960	-	-	-	-
1961	3	1	4	0.96
TOTAL	17	4	21	

ADJUSTED BIRTH AND DEATH RATE : COMPARABILITY FACTOR

Local birth rates are expressed in terms of population. These populations are estimated by the Registrar General and comprise persons of all ages, including those who have no influence on the birth rate. These latter, do, however, affect the birth rate in that a high proportion of them in a population tends to lower, and a small proportion tends to raise the true rate. The size of this proportion will vary in different areas, and, therefore, the elimination or standardization of such a factor will give a truer comparison between areas.

The Registrar General issues a comparability factor on these lines. Multiplication of the crude birth rate of an area by the comparability factor gives the adjusted birth rate and can be compared with the crude rate for England and Wales.

The comparability factor for deaths is obtained in a similar way to the above. The factors for certain areas, where rapid increase or reduction in the population materially affects its comparison by sex and age groups, are also adjusted on that account. Death rate area comparability factors are adjusted to take account of the presence of any residential institutions in each area. Birth rate area comparability factors are also adjusted to take account of the presence of sterile populations in institutions for the mentally ill or mentally deficient.

TABLE SHOWING THE MORE IMPORTANT CAUSES OF DEATH,
NUMBERS AND PERCENTAGES.

CAUSE OF DEATH	NO. OF DEATHS		PERCENTAGE	
	1960	1961	1960	1961
Diseases of circulatory system	29	19	55.77	35.19
Vascular lesions of nervous system	4	7	7.69	12.96
Malignant diseases	9	11	17.30	20.37
Pneumonia and Bronchitis	2	3	3.85	5.55
Influenza	3	-	5.77	-
All other causes	5	14	9.61	25.93
TOTAL	52	54	99.99	100.00

In 1961 68% of all deaths fell under the first three headings. The comparable figure for 1960 was 80%, 1959 68% and for 1958 64%.

COMPARATIVE STATISTICS

	YEAR											
	1950	1951	1952	1953	1954	1955	1956	1957	1958	1959	1960	1961
<u>Population</u>	4,048	4,079	4,048	4,072	4,130	4,150	4,130	4,160	4,140	4,120	4,130	4,150
<u>No. of inhabited houses.</u>	1,348	1,372	1,382	1,382	1,446	1,465	1,488	1,510	1,465	1,469	1,494	1,548
<u>No. of live births</u>	42	66	42	42	45	60	56	58	60	61	50	70
<u>Birth Rate (Crude)</u>	12.0	13.7	10.4	10.4	10.9	14.5	13.5	13.9	14.5	14.8	12.1	16.8
<u>No. of Still Births.</u>	1	3	0	0	0	2	1	0	1	0	0	1
<u>Maternal Mortality</u>	0	0	0	0	0	0	0	0	0	0	0	0
<u>Infant Mortality Rate</u>	0	15.1	47.6	0	0	83.3	35.7	17.2	33.3	0	20.0	0
<u>(No. of deaths)</u>	(0)	(1)	(2)	(0)	(0)	(5)	(2)	(1)	(2)	(0)	(1)	(0)
<u>No. of deaths (All ages)</u>	57	63	57	53	45	56	47	52	42	54	52	54
<u>Death Rate (Crude)</u>	14.0	15.4	14.1	13.0	10.9	13.5	11.14	12.5	10.1	13.1	12.59	13.0

NUMBER OF ALL CONFIRMED CASES OF INFECTIOUS AND OTHER NOTIFIABLE DISEASES NOTIFIED DURING THE YEAR 1961
ACCORDING TO AGE AND SEX.

AGE	INFLUENZAL PNEUMONIA			WHOOPING COUGH			MEASLES			ERYSIPelas			SCARLET FEVER			DYSENTERY		
	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
Under 1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
1 -	-	-	-	-	-	-	1	1	2	-	-	-	-	-	-	-	-	-
2 -	-	-	-	1	3	4	-	-	-	-	-	-	-	-	-	-	-	-
3 -	-	-	-	-	3	3	1	1	2	-	-	-	-	-	-	-	-	-
4 -	-	-	-	-	-	2	2	-	-	-	-	-	1	1	-	-	-	-
5 - 9	-	-	-	-	10	5	15	1	2	-	-	-	-	-	-	-	-	-
10 - 14	-	-	1	1	2	-	2	-	1	1	-	-	-	-	-	-	-	-
15 - 24	1	-	1	-	1	-	-	-	-	-	1	-	-	-	1	-	1	-
25 - 44	-	-	-	-	-	2	2	-	-	-	-	-	-	-	-	-	-	-
45 - 64	2	-	-	-	-	-	-	-	-	-	-	-	2	2	-	-	-	-
65 or over	1	-	1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
Total	2	1	3	14	15	29	3	4	7	1	2	3	-	1	1	1	-	1

Diseases notified during the year, classified according to month of occurrence

	Influenza	Pneumonia	Whooping Cough	Measles	Erysipelas	Scarlet Fever	Dysentery
January		2	9	1	-	-	-
February		-	2	-	-	1	-
March		-	4	-	-	-	-
April		-	6	-	-	-	-
May		-	3	-	-	-	-
June		-	4	-	-	1	-
July		-	1	-	-	-	-
August		-	-	5	-	-	-
September		1	-	-	-	-	-
October		-	-	1	1	1	1
November		-	-	-	-	-	-
December		-	-	-	-	-	-
Total		3	29	7	3	1	1
<u>Total</u>		= 44					

T U B E R C U L O S I S

	MALES		FEMALES		TOTAL
	Pulmonary	Non-pulmonary	Pulmonary	Non-pulmonary	
No. of cases on register at 31st December, 1960.	9	1	11	2	23
No. of cases added during the year.	2	1	4	-	7
No. of cases removed during the year.	1	1	-	2	4
No. of cases on the register at 31st December, 1961	10	1	15	-	26

CASES ADDED TO THE REGISTER		CASES REMOVED FROM THE REGISTER	
New notifications	= 5	Recovered	= 2
Inward transfers	= 2	Died	= -
		Removed to other areas	= 2
TOTAL	= 7	TOTAL	= 4

CASES ON THE REGISTER, ACCORDING TO AGE AND SEX
AT 31st DECEMBER, 1961.

Age Group	MALE	FEMALE	TOTAL
Under 5 years	-	-	-
5 - 14 years	2	-	2
15 - 24 years	1	2	3
25 - 44 years	4	7	11
45 - 64 years	3	4	7
65 years and over	1	2	3
Age unknown	-	-	-
	11	15	26

Common Lodging House: Nil.

WATER SUPPLY

The water supply has been satisfactory in quality, a copy of the report on the chemical analysis is as follows:-

1st February, 1961.

CERTIFICATE OF ANALYSIS OF WATER

Sample received: 24/1/61 From: Leiston U.D.C.
Marked: No. 2 Well Leiston Waterworks.
Appearance when received: Clear.
Nature of Deposit: nil
Colour: nil Odour: nil
Reaction: neutral pH 6.9 Taste: satisfactory

RESULTS OF CHEMICAL ANALYSIS IN PARTS PER MILLION

Ammoniacal nitrogen:	<u>trace</u>	:negligible	Hardness as CaCO ₃	
Albuminoid nitrogen	<u>0.03</u>	Total		<u>445</u>
Nitrate nitrogen	<u>15</u>	Carbonate (temporary)		<u>280</u>
Nitrite nitrogen	<u>nil</u>	Non-carbonate (permanent)		<u>165</u>
Chlorine as chlorides	<u>50</u>	Alkalinity as CaCO ₃		<u>280</u>
Oxygen Absorbed (4 hr. 27° C)	Free Carbon dioxide			<u>59</u>
	<u>0.075</u>	Total solids (at 180°C)		<u>640</u>
		Iron (total)		<u>0.03</u>
		Metals in solution: other than iron		<u>-nil</u>

OPINION.

The organic quality of this water is very good and the chemical analysis shows no sign of active pollution. The reaction of the water is neutral, the high carbonic acid content being balanced by the high total hardness. This type of water is sometimes found to be slightly corrosive, particularly towards new metals.

The total hardness of the water amounts to 31° Clark, about 20° of which is temporary. In consequence, the water has a high content of dissolved solids. A trace of iron is present but this is not sufficient to give rise to any significant deposit.

In our opinion this water is fit for drinking purposes, but its suitability for general purposes and for use as a public supply would be considerably improved if both the hardness and the free carbonic acid content could be reduced preferably with a rise in the pH.

The water is now satisfactory in quantity.

Mostly the Urban District is served with a piped supply. Fourteen samples were taken for bacteriological examination during the year.

A copy of a typical result from the raw and treated water is as follows:-

PUBLIC HEALTH LABORATORY SERVICE

Report on bacteriological examination of water samples

Sender: The P.H. Inspector, Leiston-cum-Sizewell U.D.C.

Date of Arrival: 27/4/61 Date of Report: 29/4/61

Senders Lab. Ref. No.	Lab. Ref. No.	Source	Probable Numbers per 100 ml. Coliform bacilli	Bact. coli (type1)
7435	No. 1 well at Water-works, Abbey Road, Leiston.		0	
7436	No. 2 well at Water-works, Abbey Road, Leiston.		0	
7437	Council Offices		0	

The water is not liable to have any plumbo-solvent action. No action was necessary during the year in respect of any form of contamination.

The estimated No. of dwelling houses in the district.....	1,548
The estimated No. of houses on piped supply direct... to the houses ,.....	1,460
No. of dwelling houses on standpipes	74
No. of dwelling houses using wells.....	14
Estimated population	4,150
Estimated population on piped supply.....	3,912
Estimated population on standpipes	198
Estimated population using wells	37
Estimated No. of persons per house.....	2.68

SEWERAGE

The arrangements for sewerage and sewage disposal in the district are reasonably adequate.

The Council have asked for a preliminary report to be prepared by Messrs. Herbert Bateman & Partners, Consulting Engineers, Norwich, for the laying of a main sewerage system for certain parishes in the Blyth Rural District and to include the Coldfair Green area and properties in the Aldeburgh Road adjoining the parish of Aldringham.

HOUSING

No. of houses inspected	234
No. of houses found to be unsatisfactory	8
No. of houses rendered fit:-	
(1) Informal	8
(2) Formal - Public Health Acts	nil
(3) Formal - Housing Acts (Section 9)	nil
(4) By undertakings (Section 16)	nil
(5) Repair of scheduled (1955) unfit houses	nil
No. of demolition orders secured	nil
No. of dwellings included in Clearance Orders secured	nil
No. demolished under Demolition Orders	nil
No. demolished under Clearance Orders	nil
No. of dwellings in respect of which or part of which Closing Orders were made (including Local Government (Miscellaneous Provisions Act, 1953)	nil
Undertakings accepted not to re-let unfit houses	nil
Total number new houses erected:	
(i) by Local Authority	nil
(ii) by private enterprise	54
No. of families rehoused from unfit houses	nil
No. of properties improved by Improvement Grants:	
(i) Discretionary	20
(ii) Standard	2

F O O D

The number of food premises in the area and the type of business carried on are as follows:-

Grocery & General	17
Bakers & Confectioners	2
Butchers	6
Public Houses	7
Cafes	4
Fishmongers	2
Fried Fish Shops	2
Greengrocers	3

No. of Food premises inspected	17
No. Found to be unsatisfactory	nil
No. Rendered satisfactory	nil
No. of premises registered under Section 16, of the Food & Drugs Act, 1955:	
(i) Ice cream manufacture	nil
(ii) For the storage or sale only	18
(iii) Sausages - preserved foods etc.,	12
No. of licensed slaughterhouses	1

FOOD INSPECTION

Meat:-

The following table shows the number of carcasses inspected and meat condemned during the year:-

	Cattle	Calves	Pigs	Sheep and Lambs
No. Killed	156	4	332	170
No. inspected	156	4	332	170
Whole carcasses condemned T.B.	-	-	-	-
Other carcasses	-	-	-	-

The total weight of meat condemned was 316 lbs. The principle causes of condemnation being Distomatosis, Pneumonia, Necrosis, Cirrhosis, Abscess and Hydatid cysts.

Other foods:-

Six tins of meat were surrendered as unfit for human consumption.

Disposal of condemned foods.

Condemned meat is disposed of to the Suffolk Fat & Bone Co., at Oulton Broad and tinned foods to the Council's Refuse Tip.

MOVEABLE DWELLINGS

There are six licences to station and use moveable dwellings in force in the district.

RAT AND MICE INFESTATION

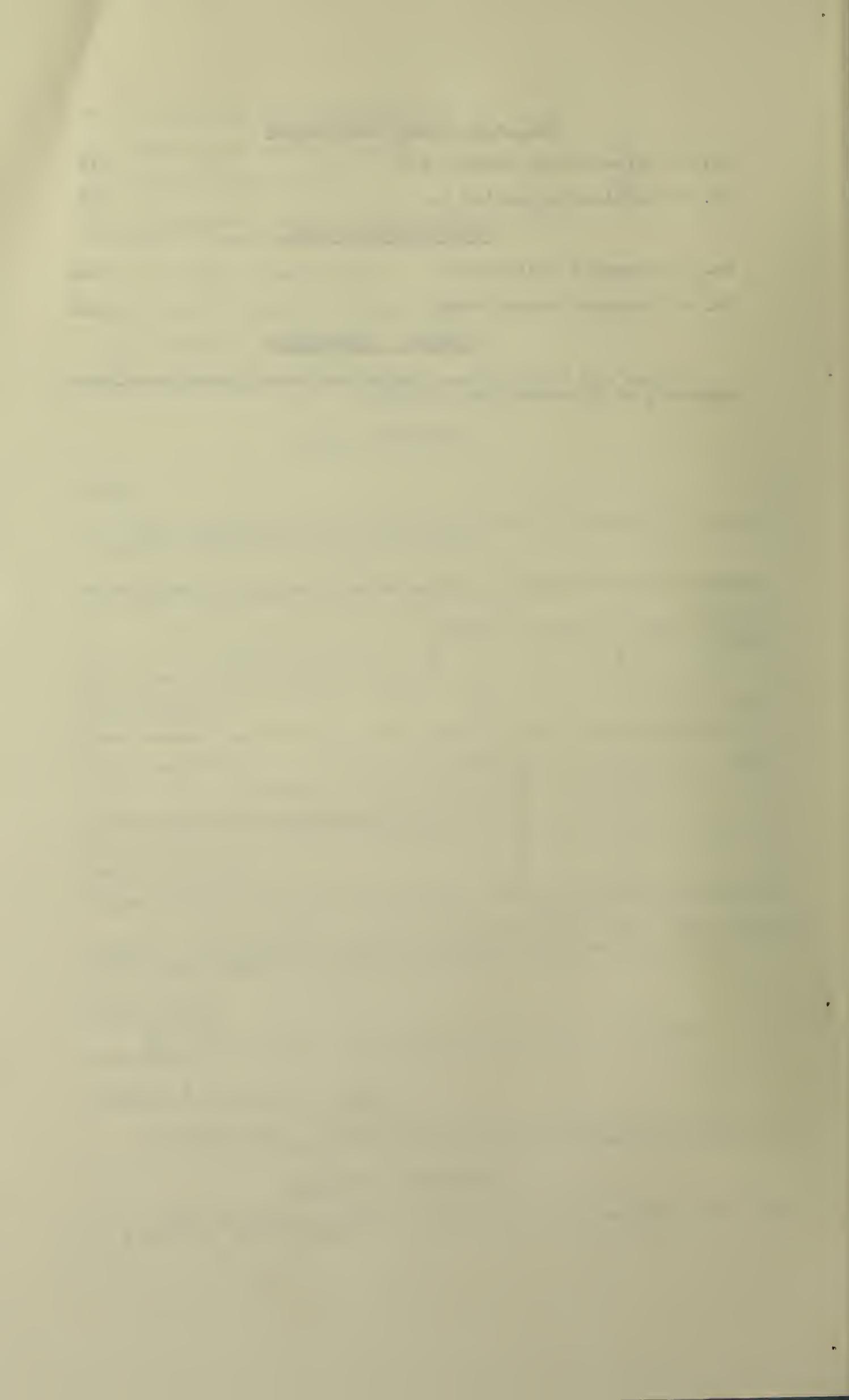
No. of infestations Found	38
No. of treatments carried out	38

DISINFECTION ETC.,

No. of premises disinfected	nil
No. of premises disinfested	nil

REFUSE COLLECTION

House and trade refuse from shops is collected weekly and disposed of by controlled tipping.



FACTORIES ACTS, 1937 to 1959.

The following details have been abstracted from the Annual Report of the Medical Officer of Health, submitted to the Ministry of Labour and National Service.

Part I of the Act

1. INSPECTIONS for purposes of provisions as to health (including inspections made by Public Health Inspectors).

Premises	Number on Register	Number of Inspections	Number of Written notices	Occupiers Prosecuted
(i) Factories in which Sections 1,2,3,4 and 6 are to be enforced by Local Authorities	28	39	-	-
(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority.	4	8	-	-
(iii) Other premises in which Section 7 is enforced by the Local Authority (excluding outworkers' premises)	1	3	-	-
Total	33	50	-	-

2. Cases in which DEFECTS were found

(if defects are discovered at the premises on two three or more separate occasions they should be reckoned as, two, three or more cases)

Particulars	Number of cases in which defects were found				Number of cases in which prosecutions were instituted	
	Found	Remedied	Referred			
			To Inspector	by H.M. Inspector		
Want of cleanliness (S.1)	-	-	-	-	-	
Overcrowding (S.2)	-	-	-	-	-	
Unreasonable temperature (S.3)	-	-	-	-	-	
Inadequate ventilation (S.4)	-	-	-	-	-	
Ineffective drainage of floors (S6)	-	-	-	-	-	
Sanitary Conveniences (S.7)						
(a) Insufficient	-	-	-	-	-	
(b) Unsuitable or defective	1	1	-	1	-	
(c) Not separate for sexes	-	-	-	-	-	
Other offences against the Act (not including offences relating to Outworkers)	-	-	-	-	-	
TOTAL	1	1	-	1	-	

PART VIII OF THE ACT

OUTWORK

(Sections 110 and 111)

Nature of Work	SECTION 110			SECTION 111		
	No. of cut-workers in August list required by Section 110 (1) (c)	No. of cases of default in sending lists to the Council	No. of prosecutions for failure to supply lists	No. of instances of work in unwhole-some premises	Notices served	Prosecutions
Wearing Apparel } Making etc. } Cleaning and } Washing	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
Household linen	-	-	-	-	-	-
Lace, lace curtains and nets	-	-	-	-	-	-
Curtains and furniture hangings	-	-	-	-	-	-
Furniture and upholstery	-	-	-	-	-	-
Electro-plate	-	-	-	-	-	-
File making	-	-	-	-	-	-
Brass and brass articles	-	-	-	-	-	-
Fur pulling	-	-	-	-	-	-
Iron and steel cables & chains	-	-	-	-	-	-
Iron and steel anchors and grapnels	-	-	-	-	-	-
Cart gear	-	-	-	-	-	-
Locks, latches and keys	-	-	-	-	-	-
Umbrellas etc.	-	-	-	-	-	-
Artificial flowers	-	-	-	-	-	-
Nets, other than wire nets	-	-	-	-	-	-
Tents	-	-	-	-	-	-
Sacks	-	-	-	-	-	-

PART VIII OF THE ACT

OUTWORK

(Sections 110 and 111)

Nature of Work	SECTION 110			SECTION 111		
	No. of Out-workers in August list required by Section 110 (1)(c)	No. of cases of default in sending lists to the Council	No. of prosecutions for failure to supply lists	No. of instances of work in unwhole-some premises	Notices served	Prosecutions
Racquet and tennis balls	-	-	-	-	-	-
Paper bags	-	-	-	-	-	-
The making of boxes or other receptacles or parts thereof made wholly or partially of paper	-	-	-	-	-	-
Brush making	-	-	-	-	-	-
Pea picking	-	-	-	-	-	-
Feather sorting	-	-	-	-	-	-
Carding etc., of buttons etc.,	-	-	-	-	-	-
Stuffed toys	-	-	-	-	-	-
Basket making	-	-	-	-	-	-
Chocolates and sweetmeats	-	-	-	-	-	-
Cosaques, Christmas stockings etc.,	-	-	-	-	-	-
Textile weaving	-	-	-	-	-	-
Lampshades	-	-	-	-	-	-
TOTAL	-	-	-	-	-	-

Medical Officer of Health

